



John Terribili

L.M.B.T. (NC License # 19087)

Details

Durham, NC

Profile

Intuitive and accessible Thai bodyworker focused on my personal practice and skills, while working towards becoming a Thai massage educator within the next year.

Education

Boonthumme Thai Massage School, Hang Dong, Chiang Mai, Thailand

February 2023 — February 2023

- Advanced Thai Massage - 48 hours
 - Studied with Ajahn Pichest Boonthumme and MT Aon Phawat

Omsala Institute of Thai Therapies

February 2023 — February 2023

- Northern Thai Herbal Massage - 6 hours

International Training Massage School, Chiang Mai, Thailand

February 2023 — February 2023

- Lanna Thai Advanced Stretching Massage I - 15 hours
- Elbow and Knee Power Thai Massage - 12 hours

Living Sabai, Asheville, NC

August 2021 — September 2023

- Thai Massage 3-day Intensive - 21 hours (2021)
- Thai Massage Weekend Immersion - 15 hours (2021)
- Traditional Thai Foot Massage - 7 hours (2021)
- Thai Massage Master Class - 16 hours (2022)
- Thai Herbal Compress Massage - 7 hours (2022)
- Northern Thai Tok Sen Therapy - 7 hours (2022)
- Participant in the Study Abroad in Thailand program (2023)
- Achieved Advanced Thai Massage Practitioner certification (2023)
- Teaching assistant in multiple classes
 - Thai Massage 3-day Intensive - cumulative 84 hours (2022-2023)
 - Thai Massage Weekend Immersion - cumulative 60 hours (2022-2023)
 - Traditional Thai Foot Massage - cumulative 28 hours (2022-2023)
 - Thai Massage Master Class - cumulative 16 hours (2023)
- Thai Massage Summit - 3-day summit comprised of advanced Thai classes - 10 hours (2023)

Holistic Massage & Bodywork Therapist, The Healing Arts and Massage School, Raleigh, NC

April 2018 — April 2019

625-hour career program including, but not limited to:

- Lymphatic massage
- Swedish, Myofascial, Trigger Point, Prenatal, Sports Massage, Chair Massage
- Holistic massage theory and practice
- Anatomy, physiology, and pathology
- Thai Massage - Introduction to Table Top Techniques - 10 hours

📁 Employment History

Massage Therapist at Auroraflow, Durham, NC

December 2022 — Present

- Thai massage therapist
- Founding member of the spa
- Introduction of additional Thai bodywork therapies, Tok Sen and Thai Herbal Compress
- Assessed clients' medical histories and physical conditions in order to tailor massage treatments to their individual needs
- Provided education to clients on the benefits of massage therapy, as well as lifestyle modifications to enhance the treatment

Owner/Massage Therapist at Third Path Massage, Durham, NC

October 2022 — Present

- Ceased 25-year career in IT to start new massage and bodywork business in Durham, NC focused solely on providing Thai massage and bodywork
- Participant in a myriad of festivals and events in the city, many times providing free massage services to at-need populaces
- Focus on providing Thai bodywork that meets the individual client needs and desires through empathy, listening, intuition, and tuning into what the client's body is communicating